

Expressions Dance Studio

Little Dancers, Big Dreams.....



Toddler Time..... (Typically ages 2-3)

In toddler ballet your child will learn class structure and discipline as well as flexibility and basic ballet terminology. Students will learn basic motor skills and body movement. Students will be taught to distinguish between left, right, up, and down and what that means in relation to moving their bodies. Toddler ballet is designed to get them ready to move into a pre-school ballet class and begin their dance education. During toddler time, a tumbling portion will be segmented in for your dance to learn more in depth stretching, flexibility, balance, body control, and strength. They will learn how to utilize certain parts of the body for fluidity and coordination. This class does perform in our end of year recital as well as local events at times! Cost for this class alone is \$45.00/month; Combined with Mommy and Me the cost is \$80.00 This class has a special class registration and recital fee as well as their costume fee!



Our Mommy and Me class! (Typically ages 18 mo. to 3)

Class consists of a 45 min. Lesson with you and your young dancer. The focus of this class is to learn structure, coordination skills and basic body movement skills, while bonding with your little dancer. This class can be taken alone or in conjunction with Toddler Time! This class alone does not perform and can be done in athletic clothing! Cost for this class alone is \$50.00/month; Combined with Toddler Time it is a monthly cost of \$80.00 There is no recital fee or registration fee for this class.



Beginning Dance!- (Ages 3-5)

This class is a great beginning class to get them into the real class structure and begin learning their dance terminology and skills. The class focuses on a wide range of genres throughout the year from Ballet, Tap, Aerodance, Toddler Bop and Creative Movement skills. They perform two performance pieces, a Ballet and Tap routine and have the option to do our Tumbling 1/Beginning Tumble class which will enhance their flexibility and range of motion, and once enrolled. The class cost is \$45 alone or \$65 with our tumbling class. There is a recital fee, costume fee and class registration fee.

If you would like to have your dance observe or do a trial class, please see a front desk staff member for a form!